



Conflict Resolution

Breakaway Techniques

Course Content

This course aims to provide practical, effective Conflict Management and Breakaway Techniques to Frontline NHS staff and professionals, whose work brings them into direct contact with members of the public during the course of their everyday duties who are either responsible or not for their behaviours. It provides them with safe, effective physical Breakaway Techniques based upon the level of threat posed in conflict situations that become physical when non-physical techniques break down.

Target Audience

Frontline NHS staff and professionals and anyone whose work brings them into direct contact with members of the public during the course of their everyday duties.

Course Delivery

Face to face in a classroom.

Pre-course Requirements

You should have completed the Conflict Resolution LEVEL 1 (National Syllabus) Course within the past 3 years.

Booking Instructions

To book yourself onto this course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site.

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk



Date	Time	Venue
Thursday 9 th January 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 9 th January 2025	13:30-16:30	Training Room B Bedford Borough Hall
Tuesday 11 th February 2025	09:30-12:30	Training Room B Bedford Borough Hall
Tuesday 11 th February 2025	13:30-16:30	Training Room B Bedford Borough Hall
Thursday 17 th April 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 17 th April 2025	13:30-16:30	Training Room B Bedford Borough Hall
Thursday 29 th May 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 29 th May 2025	13:30-16:30	Training Room B Bedford Borough Hall
Thursday 12 th June 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 12 th June 2025	13:30-16:30	Training Room B Bedford Borough Hall



Date	Time	Venue
Thursday 17 th July 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 17 th July 2025	13:30-16:30	Training Room B Bedford Borough Hall
Thursday 21 st August 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 21 st August 2025	13:30-16:30	Training Room B Bedford Borough Hall
Friday 12 th September 2025	09:30-12:30	Training Room B Bedford Borough Hall
Friday 12 th September 2025	13:30-16:30	Training Room B Bedford Borough Hall
Thursday 30 th October 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 30 th October 2025	13:30-16:30	Training Room B Bedford Borough Hall
Thursday 20 th November 2025	09:30-12:30	Training Room B Bedford Borough Hall
Thursday 20 th November 2025	13:30-16:30	Training Room B Bedford Borough Hall



Date	Time	Venue
Friday 12 th December 2025	09:30-12:30	Training Room B Bedford Borough Hall
Friday 12 th December 2025	13:30-16:30	Training Room B Bedford Borough Hall